RELIGION.

It will be easier to convey a rational conception of the religion of the Nâyars, not by what is written but by what is left out; so we will proceed on this plan. The ceremonies connected with marriage and death go far towards indicating what are their religious ideas in general. The conservative character of the people of Malabar whose country is an earthly paradise, severed from the major portion of the Indian peninsula by the high mountains of the Western Ghâts, secure in its happy seclusion, where Nature has lavished her gifts with the prodigality of a Bacchante, prepares us for finding much of the primitive element in their religion. With the more uncultivated, the wilder races, this is almost entirely primitive in character; no more the cult of a Siva or Vishnu than of Sqaktktquaclt.

As has been remarked already ("Nambûtiris" Bulletin, Vol. III, No. I), we see in Malabar the most undiluted form of the highest, the most abstract religion of Southern India, side by side with the most entirely primitive. The Nâyars have much of both.

The saying, "cleanliness is next to godliness," is one of those which contain much more real wisdom than is usually apprehended. The world is really divided, as I think Mr. Havelock Ellis points out, between the dirty and the clean; and, if I err not, the same author tells us that clothed man cannot be truly clean. Man has advanced far in development when he has become a clean animal. Now the Nâyars' religion is one of cleanliness, undiminished by superabundant clothing. Men and women can scarcely wear less than they do in compatibility with the received ideas of decency and propriety, nor can they be more scrupulous in the matter of personal cleanliness. No Nâyar, unless one utterly degraded by the exigencies of a Government office, would eat his food without having bathed and changed his cloth. It is a rule seldom broken that every Nâyar goes to the temple to pray at least once a day after having bathed; generally twice a day. The mere approach anywhere near his vicinity of a Cheruman, a Polayan or any inferior being, even a Tiyan, as he walks to his house from the temple, cleansed in body and mind, his marks newly set on his forehead with sandalwood paste, is pollution, and he must turn and bathe again ere he can enter his house and eat. Buchanan tells us that in his time, about 99 years ago, the man of inferior caste thus approaching

6:Fawcett G-5 (ca. 1900)1915
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683
the Nâyar would be cut down instantly with a sword: 564
there would be no words. Now that the people of India 783
are inconvenienced with an Arms Act which inhibits [656]
sword play of this kind, and with a law-system under [178]
which high and low are rated alike, the Nâyar has to [201]
content himself with an imperious grunt-like shout for
the way to be cleared for him as he stalks on unperturbed.
His arrogance is not diminished, but he cannot now show
it in quite the same way.

Doubtless the natural habit of seclusion common to 771
Malabar, rendered easy by the wealth of vegetation of
which those who have never visited shores somewhat
alike climatically can have no conception, has favoured
the persistence of earlier forms of belief; but, whatever
may be the reason for it, there is much more of the
extremes of religious belief to be seen amongst the
Nâyars than amongst any other people or caste of
Southern India.

It has been noticed already how that the Malayalis [795]
have, practically, no sects such as obtain throughout the
rest of Southern India. Vishnu, Siva, Bhagavati, Rama—
all these names of the Hindu theogony are meaningless
to them. They do not know one from the other except in
name. Their Hinduism is not that of the rest of South-
ern India.

It is time to come to concrete example, so I will 796
attempt a description of the ceremonial observed at the [773]
Pishâri kâvu—the Pishâri temple near Quilandy on the
coast 15 miles north of Calicut, where Bhagavati is sup-
posed in vague legend to have slain an Asura or
gigantic ogre, in commemoration of which event the
festival is held yearly to Bhagavati and her followers.
It is fairly representative. The deity of the temple [776]
Bhagavati is spoken of as feminine in the spirit of accu-
racy, but it is extremely unlikely whether ten per cent.
of the crowd even thought of sex in connection with
Bhagavati. Sacrifice of goats as part of the ceremonial [782]
was at first denied: it is a mystery too awful to be the
subject of conversation. At the same time, I am inclined
to think that much the weighter reason is that the priests
who cling to this part of the ceremonial are ashamed to
let it be known to the people that they do it. They like
it to be thought that such sacrifice is appropriate to the
inferior races, but that *they* are above it and have nothing
to do with it!

The festival lasts for seven days. When I visited it
in 1895 the last day was on the 31st of March. Before

13: Thurston & Rangachari E-4, 5 (no date)
1909 AW11 Kerala AW11
Nayar

First they learn to dance and then to tumble, and for that purpose they render supple all their limbs from their childhood, so that they can bend them in any direction. . . . These Nairs live outside the towns separate from other people on their estates which are fenced in. When they go anywhere, they shout to the peasants, that they may get out of the way where they have to pass; and the peasants do so, and, if they did not do it, the Nairs might kill them without penalty. And, if a peasant were by misfortune to touch a Nair lady, her relations would immediately kill her, and likewise the man that touched her and all his relations. This, they say, is done to avoid all opportunity of mixing the blood with that of the peasants. . . . These are very clean and well-dressed women, and they hold it in great honour to know how to please men. They have a belief amongst them that the woman who dies a virgin does not go to paradise."

Writing in the eighteenth century, Hamilton states * that "it was an ancient custom for the Samorin (Zamorin) to reign but twelve years, and no longer. If he died before his term was expired, it saved him a troublesome ceremony of cutting his own throat on a public scaffold erected for that purpose. He first made a feast for all his nobility and gentry, who were very numerous. After the feast he saluted his guests, went on the scaffold, and very neatly cut his own throat in the view of the assembly. His body was, a little while after, burned with great pomp and ceremony, and the grandees elected a new Samorin. Whether that custom was a religious or a civil ceremony I know not, but it is now laid aside, and a new custom is followed by the modern Samorin, that a jubilee is

* New Account of the East Indies, 1744.

13:Thurston & Rangachari E-4, 5 (no date)
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175 proclaimed throughout his dominion at the end of twelve
178 years, and a tent is pitched for him in a spacious plain,
643 and a great feast is celebrated for ten or twelve days with
796 mirth and jollity, guns firing night and day, so at the end of the feast any four of the guests that have a mind to gain a crown by a desperate action in fighting their way through thirty or forty thousand of his guards, and kill the Samorin in his tent, he that kills him succeeds him in his empire. In Anno 1695 one of these jubilees happened, and the tent pitched near Ponnany, a sea-port of his about fifteen leagues to the southward of Calicut. There were but three men that would venture on that desperate action, who fell on, with sword and target, among the guards, and, after they had killed and wounded many, were themselves killed. One of the desperadoes had a nephew of fifteen or sixteen years of age that kept close by his uncle in the attack on the guards, and, when he saw him fall, the youth got through the guards into the tent, and made a stroke at his Majesty's head, and had certainly dispatched him if a large brass lamp which was burning over his head had not marred the blow, but, before he could make another, he was killed by the guards, and I believe the same Samorin reigns yet."

175 It is noted by Sonnerat* that the Nāyars "are the
564 warriors; they have also the privilege of enjoying all the
● 683 women of their caste. Their arms, which they constantly carry, distinguish them from the other tribes. They are besides known by their insolent haughtiness. When they perceive pariahs, they call out to them, even at a great distance, to get out of their way, and, if any one of these unfortunate people approaches too near a Nair, and through inadvertence touches him, the Nair has a right

* Voyage to the East Indies, 1774 and 1781.

13: Thurston & Rangachari E-4, 5 (no date)
1909 AW11 Kerala AW11
Nayar

to murder him, which is looked upon as a very innocent action, and for which no complaint is ever made. It is true that the pariahs have one day in the year when all the Nairs they can touch become their slaves, but the Nairs take such precautions to keep out of the way at the time, that an accident of that kind seldom happens." It is further recorded by Buchanan * that "the whole of these Nairs formed the militia of Malayala, directed by the Namburis and governed by the Rajahs. Their chief delight is in arms, but they are more inclined to use them for assassination or surprise, than in the open field. Their submission to their superiors was great, but they exacted deference from those under them with a cruelty and arrogance, rarely practised but among Hindus in their state of independence. A Nair was expected to instantly cut down a Tiar or Mucuai, who presumed to defile him by touching his person; and a similar fate awaited a slave, who did not turn out of the road as a Nair passed."

Nâyar is commonly said to be derived from the Sanskrit Nâyaka, a leader, and to be cognate with Naik, and Nayudu or Naidu. In this connection, Mr. L. Moore writes † that "if a reference is made to the Anglo-Indian Glossary (Hobson-Jobson) by Yule and Burnell, it will be found that the term Naik or Nayakan, and the word Nayar are derived from the same Sanskrit original, and there is a considerable amount of evidence to show that the Nayars of Malabar are closely connected by origin with the Nayakans of Vijayanagar.‡ Xavier, writing in 1542 to 1544, makes frequent references to men whom he calls Badages, who are said to have been

* Journey through Mysore, Canara, and Malabar, 1807.

† Malabar Law and Custom, 3rd ed., 1905.

‡ *Vide* R. Sewell. A Forgotten Empire (Vijayanagar), 1900.

In some families, after
796 the meal is over, dancing and games of various kinds
526 are carried on, which contribute to the enhancement of
535 the pleasantries incidental to the festival. As on other
[524] prominent occasions, card-playing and other games are also resorted to."

264 On the subject of religion, Mr. Fawcett writes as
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[178] Act which inhibits sword play of this kind, and with a law system under which high and low are rated alike, the Nāyar has to content himself with an imperious grunt-like shout for the way to be cleared for him as he stalks on imperturbed. His arrogance is not diminished, but he cannot now show it in quite the same way.

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